

CHANGE STARTS WITH US



Change starts with us by **Sophie Beer** is a vibrant picture book that contains an important environmental message.

The story aims to inspire younger readers to make small but important changes in their lives to help save our beautiful planet.

Curriculum Links: HASS, Visual Arts, English, Sustainability (Cross-Curriculum Priority)

Age Range: K - 2

ACTIVITY: CHANGE MAKER CHALLENGE

Small changes can make a big difference!

This activity encourages young people to help our environment by implementing some small but meaningful change into their own lives.

READ

Read *Change Starts With Us* with your class. Invite students to **discuss what they noticed** and why they think it is important to make changes that will help our environment.

DISCUSS

As a class, review some of the pages in the book. **Brainstorm different ways in which students could make these changes in their own lives.** Record student answers onto an anchor chart to use as inspiration for the Change Maker Challenge.

CHALLENGE

To participate in the Change Maker Challenge, students will need to implement one environmental changes discussed in class. Have students **record** their change making on the **template attached (see below)**. Create a class display of students' changemaking actions!



This activity could be used as a term long project! Each week, the class can focus on a different environmental change.

CHANGE MAKER CHALLENGE!



Are you ready to make some change?



Draw a picture of you creating positive change and write a sentence to describe what you did.

A large, empty rounded rectangle with a black border, intended for a child to draw a picture of themselves creating positive change.

I created change by...

Four thick, horizontal black lines stacked vertically, providing space for a child to write a sentence describing their change-making activity.

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A large, empty rounded rectangle with a black border, intended for drawing. A small blue bird is perched on the bottom left corner of the rectangle.

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