



Make a Change home activity

Learning intention

This activity offers the opportunity to build connections between *Democracy in a Box* and students' home lives. The magnet presents the question 'What positive change can we make this week?', which students can discuss with parents, guardians, carers and siblings.

The aim is to identify meaningful, positive changes students can implement themselves, including being kinder to others, helping someone, planting flowers or making a bug hotel using recycled materials.

Activity overview

This activity invites students to consider one small, meaningful change they can make at home or within themselves each week. Over the course of the *Democracy in a Box* learning experience, students can share ideas, insights and recommendations with members of their family and friends, to support conversations about their learning.

Materials

- *Make a change* template laminated
- Whiteboard marker.

Activity outline

- 1 Discuss the question presented on the laminated card with students: 'What positive change can we make this week?' Invite them to brainstorm simple ideas for changes they could make at home or within themselves.
- 2 Encourage students to select one idea to write or draw on their laminated card using a whiteboard marker.
- 3 Send the laminated sheet home with students. Encourage them to share the change they would like to make and store it on their fridge.

Extension activity

Invite students to report each week on the positive changes they are focusing on. Look for connections in the classroom or school which can help them achieve their goals.

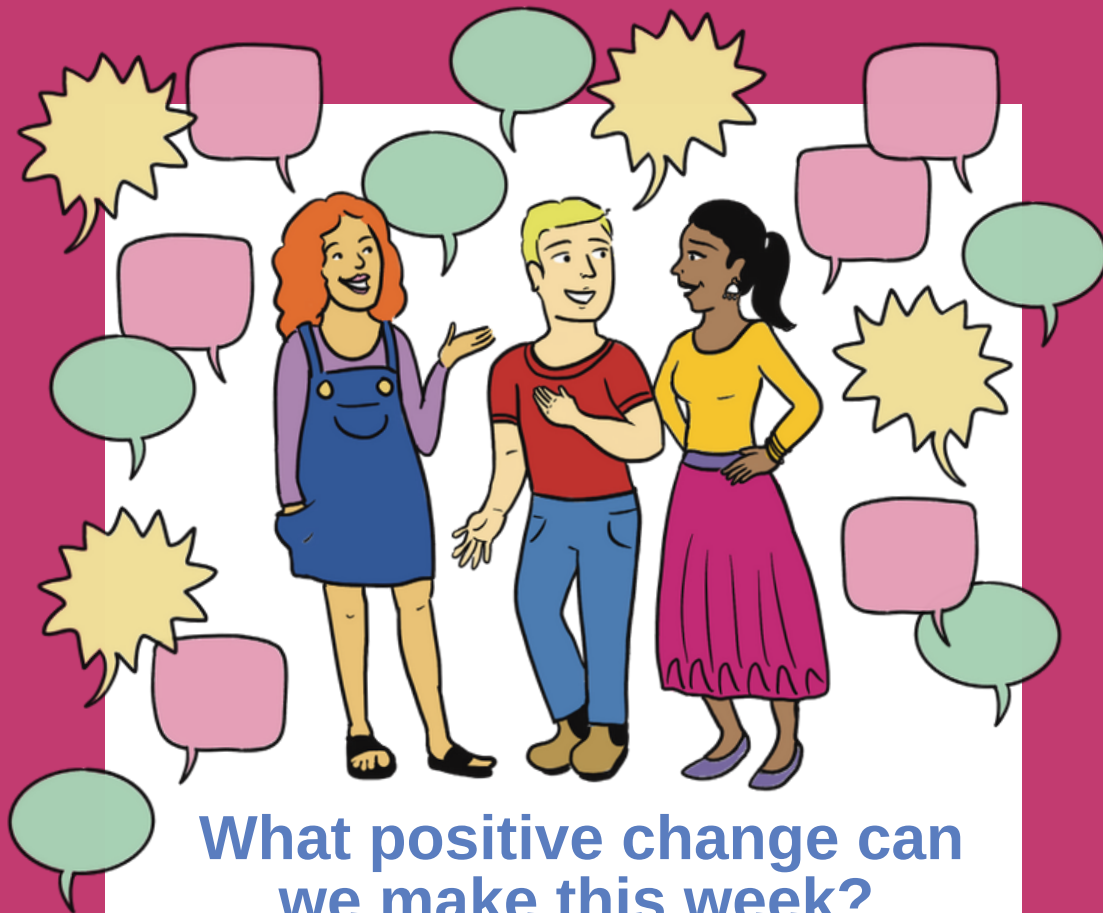
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OLD PARLIAMENT HOUSE



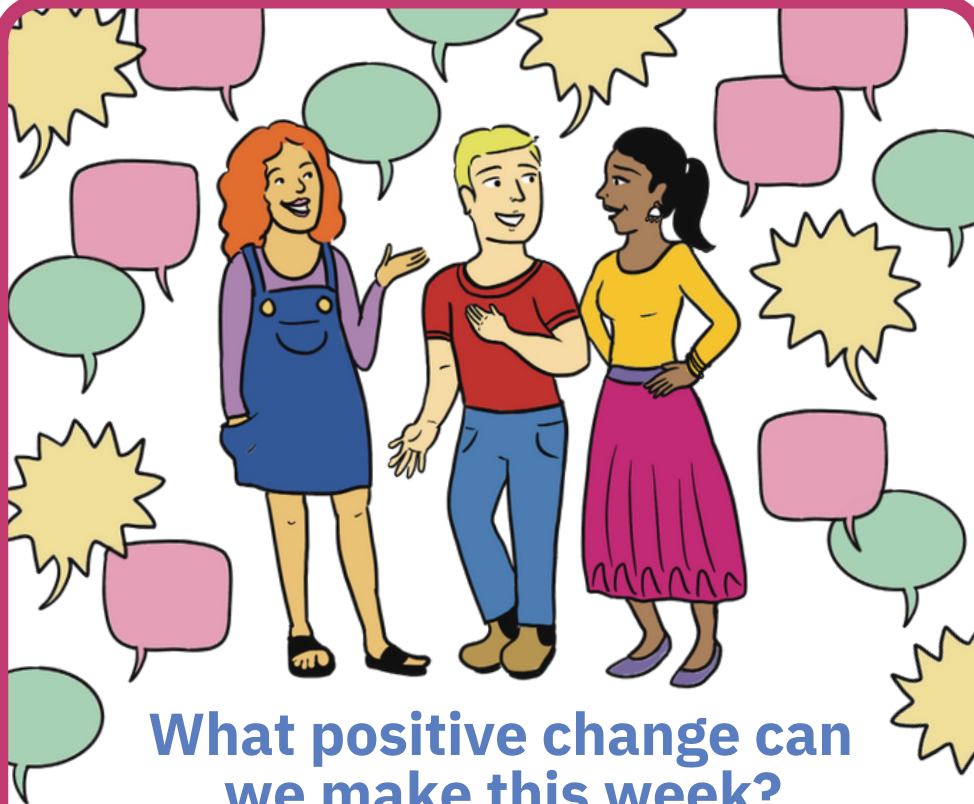
Make a Change card



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**What positive change can
we make this week?**



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we make this week?**