

COURTYARD CAFÉ MENU

Fresh Flavours Daily

Check our cabinets for today's curated selection.

Our menu rotates daily to ensure variety and freshness. Not every item listed is available every day, and our specials are only available until sold out—so grab your favourites while they're here!

The majority of our offerings are baked fresh onsite and hand-crafted with care by our award-winning Chefs.

SAVOURY PASTRIES AND BREAKFAST ITEMS

Baked fresh in-house daily

Spinach & Feta Rolls (V) \$8

Cheese Scrolls (V) \$8

Bacon Jam Scrolls \$8

Ham & Cheese Danish \$8

Health Kick Breakfast Wrap: Lo-GI, High-Protein (GF) \$14

Breakfast Roll: Hash brown, cheese, eggs, and avo (V) \$14

OPH BAKERY

Homemade Classics: Croissants, Pain au Chocolat, Pain au Raisin, Cinnamon Scrolls, Muffins \$7.50

Homemade Cookies \$4.50

Homemade Scones \$13.50 for Two

Artisan Cronuts \$8

Protein Balls \$4

Sweet Gluten Free Treats: Caramel Slice (GF), Paleo Hazelnut Slice (GF), Friands (GF) \$6

SANDWICHES AND LIGHT SNACKS

Fresh Selection: Sushi and Rice Paper Rolls \$12

Weekly Assortment: A rotating selection of delicious fresh packaged Sandwiches, Wraps, Paninis, Baguettes, and Bagels. Starting at \$14.50

Triangle Sandwiches: Ham & Cheese, Chicken Mayo, or Egg Mayo \$10

Fruit Cups and Yoghurts (V) \$8

Sausage Rolls, Quiches, Chicken Pies (GF) and Beef Pies (GF) Starting at \$10



EVENTS

OLD PARLIAMENT HOUSE

COURTYARD CAFÉ MENU

FRESH SALADS

Two varieties served fresh to order daily (includes 1 Vegan & GF option)

Rotating Favorites Include:

Green Salad

Greek Salad

Thai Beef Salad

Chicken Caesar Sald

And more...

\$14.50

HOT MEALS & EXPRESS BOWLS

Two hot specials served daily with steamed rice, roast veggies, corn cobettes, potato wedges

Our Rotating Hot Specials Menu Includes:

Stir-fry with noodles or rice

Thai Curry

Chicken Curry

Beef Bourguignon

Burrito Bowls

Lasagna

And more...

One Hot Special and one side \$15

Sides \$7

EXPERIENCE THE HISTORY

Dine with us in our serene outdoor courtyard, relax in our cosy historic café, or take your meal to-go in our 100% sustainable packaging.

A Seat at the Table: Our café furniture has a storied past, originally serving the Members' Dining Rooms upstairs. You are dining in the very seats once shared by former Prime Ministers and Heads of State.



EVENTS

OLD PARLIAMENT HOUSE